## outset.

# Health & Safety services

Training • Consultancy • Outsourcing



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"Training and development is core to our business as it enables us to deliver the best results to our clients. It is therefore essential that we use a provider that meets our requirements. We have been receiving training services for over 4 years and are very pleased with the content and quality. Outset's services are always delivered in a professional and interactive manner, resulting in positive feedback from our management, staff and ultimately clients."

Sylvia Opara - Group Head of Human Resources, Alandale Group

Keeping your business, employees and customers safe is fundamental to your organisation, yet keeping pace with the latest legislation, best practice and its implementation has its challenges...We can help.

In 2014, to complement our legal, HR and business consultancy services, Outset UK Group acquired UK Health, Safety & Environmental Limited (UKHSE) - a national provider of Health & Safety training and consultancy.

Our team comprises of directly employed trainers and consultants with expertise ranging from office safety through to complex safety management strategies. We have extensive experience across a broad spectrum of industries and are members of a number of nationally recognised professional bodies such as IIRSM, IOSH, APS, ILM, UKATA and CIEH

With our pragmatic advice and solutions and the flexibility to provide the level of support you need, when you need it, Outset is the partner of choice for modern businesses looking to achieve legislative compliance.

We carry appropriate insurances; Employers Liability £10million, Public Liability for £5million and Professional Indemnity of £2 million.

## **Specialist expertise**

- Asbestos
- Audits and inspections
- Competent person
- Safety Management Systems
- Fire risk assessment
- ISO management systems
- Outsourcing your Health & Safety requirements
- SSIF
- PQQ & Tender completion
- Face Fit testing











## How we can help

Whether you need some training and guidance for your in-house team or a completely outsourced health & safety service, we have the right solution for you.

## **Training**

We offer an open training course programme with courses scheduled at our Maidstone and London offices. For those organisations that require a tailored approach, or simply prefer delivery of the course at their premises, in-house training is an option available upon request.

We also offer highly respected online training courses/e-learning covering many areas of compliance and development.

## **Outsourcing**

For firms without the capacity or budget to employ dedicated health & safety personnel, the work of compliance can be a minefield.

In this case, you may find outsourcing to be a more cost effective solution, giving you full access to a pool of expertise across a vast range of industry sectors, as and when you need it.

## Consultancy

The ever changing legal requirements are complex and sometimes you'll need a little support to get it right.

Our qualified consultants help by getting a deep understanding of your business and focusing on a customised solution to suit your needs. We won't bombard you with technical jargon, instead we offer a supportive approach with practical advice and put clear and reliable action plans in place to ensure legislative compliance.



"I always recommend Outset because they are efficient, reliable and the quality of training is to a very high standard."

Ophelia Hazzard, Genesis Housing Association

## Our clients

Our clients cover multiple industry sectors and are based across the UK. We are proud of our strong reputation for providing a high level of customer service and always aim to exceed client expectations.































## Training your teams

Our open courses cover a wide range of subjects and offer practical learnings that students can start using immediately in their workplace.

We are an approved training provider for the following organisations:

- Institute of Occupational Safety & Health (IOSH)
- Chartered Institute of Environmental Health (CIEH)
- Institute of Fire Engineers (IFE)
- British Safety Council
- Highfield Awarding Body for Compliance (HABC)
- National Examination Board in Occupational Safety & Health (NEBOSH)
- UKATA

We take the time to meet with our clients, discuss their requirements and adapt the course to suit their needs, providing a clear and measurable outcome that will make a difference to the business.

Our courses are held at our Maidstone or London offices, in-house at client premises or through our e-learning platform.

#### Non-accredited Course list

- Manual Handling
- Managing Fire Safety & Fire Risk Assessment
- Managing Occupational Road Risk
- Moving & Handling of People & Inanimate Objects
- Personal Safety for Lone Workers
- Risk Assessment
- Safe Use of Low Level Access Equipment
- Scaffold Inspection
- Sharps Awareness
- Stress Management
- Traffic Management
- Working at Height
- Mental Capacity Act (Stage 1)
- Mental Capacity Act (Stage 2)
- Mental Capacity Act (Stage 3)
- Challenging Behaviour (Learning Disabilities)

## **Accredited Course list**

- BSC Level 1 Award in Health & Safety in a Construction Environment
- CIEH Foundation safety intermediate Health & Safety in the Workplace
- Level 2 Health & Safety in the Workplace
- Level 3 Award in Health & Safety in the Workplace
- Level 4 Award in Health & Safety in the Workplace
- Level 2 Award in Principles of Risk Assessment
- Level 3 Award in Risk Assessment Principles & Practice
- Level 2 Award in Principles of Manual Handling
- IOSH Working Safely
- IOSH Managing Safely
- IOSH Leading Safely
- · IOSH Environment for Business
- CITB Site Managers Safety Training Scheme
- CITB Site Supervisors Safety Training Scheme
- BAF Safety in the Use of Abrasive Wheels
- IFE Duties of a Fire Warden
- EUSR Water Hygiene Scheme
- SHEA Water (Safety Health and Environmental Awareness)
- Level 2 Award in Health & Safety in Health & Social Care

- Level 2 Award in Hygiene in Health & Social Care
- Level 2 Award in Conflict Resolution & Personal Safety
- Level 2 Award in the Principles of COSHH
- UKATA Asbestos Awareness
- UKATA Ashestos Annual Refresher
- UKATA Asbestos Awareness for Groundworkers
- NEBOSH National General Certificate
- NEBOSH National Construction Certificate
- CPR & Defibrillator Training
- Level 2 Award in Emergency First Aid at Work
- Level 3 Award in First Aid at Work
- Level 2 Award in Paediatric First Aid
- Level 1 Award in Food Safety
- Level 2 Award in Food Safety
- Level 3 Certificate in HACCP
- Level 3 Award in Food Safety
- Level 1 Mental Health First Aid Awareness
- Level 2 Mental Health First Aid Awareness
- Level 3 Supervising First Aid for Mental Health

## Our consultancy services

We can support your business across a wide range of health & safety areas. We'll assign one of our expert consultants to conduct all the audits, inspections and checks necessary to ensure risks in the workplace are controlled and that you're compliant in every way. All of our consultants are flexible, pragmatic and renowned for consistently producing high quality work.



### **Audits & inspections**

We can carry out a thorough audit of your organisation and its relationship to site compliance and will score its performance. Findings will be written up into a report with recommendations for corrective actions where necessary, helping you to formulate a health and safety 'plan' for full compliance.



## Asbestos surveys, management plans and re-inspections

We can conduct asbestos management surveys and also refurbishment and demolition surveys and will assist you in meeting your statutory duty as required by the Control of Asbestos Regulations. We can also prepare asbestos management plans and conduct re-inspections.



#### Fire Risk Assessment

We provide assessments for a wide range of premises including: large industrial and commercial complexes, offices, factories, hospitals, care homes, schools and shops. Our findings are written into a Fire Risk Assessment document and action plan for you to implement.

### Other areas we can help:

- Contractor safety management
- Construction phase health & safety plans
- DSE Advice
- External Services Sourcing/Vetting
- ISO 9001/14001/45001
- Portable appliance testing
- Process Control Documentation
- Risk assessments / method statements / COSHH Assessment
- Safety management systems



## **Food Safety**

Our professional consultants are trained to carry out a variety of food safety audits, including system audits and supplier audits which help to ensure that your standards meet food hygiene and safety requirements and provide for a 'due diligence' defence. We can also deliver a range of approved food safety training courses to complement your management systems.



## **Face Fit Testing**

Our professional consultants are trained in accordance with the accredited HSE Fit2Fit program, to undertake qualitative fit testing.





### **SIPP Schemes**

We specialise in helping small and medium sized companies through the SSIP Registration and assessment process to help them achieved Certification status with whichever SSIP member they select such as (CHAS, Safe contractor, SMAS etc).

## Outsourcing safety

If you're considering if outsourcing your health and safety function is the right course for you, it is worth remembering that one size doesn't fit all.



You may want us to simply help out when demand is high or to support you during a period when your in-house manager is not available. Choose the option which fits you best to make sure that you always get the right amount of support for your needs.

Option 1 – full safety outsource

If you are currently without an in-house safety manager this may be the best option for you. As a fully managed service we will handle every aspect of your safety from induction to site audits and accreditations. We will produce/review every risk assessment and recommend measures to control them, all for a fixed monthly cost. You and authorised members of your team can then access all of your information through your dedicated online portal.

- Option 2 partial outsource
  With this option we will work with your in-house manager/team to support their work.
  Perhaps the company has grown to an extent that their primary workload has become too demanding or they have skills which would be best utilised elsewhere in the business. We take the onerous and time consuming aspects of their role and perform these using an appropriate expert for a fixed monthly fee.
- Option 3 contract support

  If you have an in-house resource who is able to control your risks well but have a number of areas where more specialist knowledge is an advantage or the award of a new project presents some logistics challenges, then this is an attractive option. Use our services in one of several key areas to control your risk at a known cost. Call in our services to help with contract wins or to react to other variations in demand. You will always work with the same retained consultant who will build a detailed understanding of your business allowing your safety manager holiday and sickness cover as well as a trusted second opinion on any key risk issues. Your retained consultant will also call upon the various

subject experts within the team as may be required.

#### Maidstone

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