

# Meet the team

Jodie Waumsley



**UKHSE**  
TRAINING & CONSULTANCY  
PART OF THE OUTSET GROUP

**outset.**

# Meet the team - Jodie Waumsley

---



outset.

## What do you do at Outset and how do you support our clients?

As a Radiation Protection Adviser (RPA) my role is to ensure that employers using radiation in the workplace are compliant with the Ionising Radiations Regulations 2017.

As well as this, I help to instil best working practices to restrict exposure to ionising radiations and keep doses as low as reasonably practicable (ALARP)



## Give us a brief timeline of your career so far

In 2010 I began working as a personal assistant to the Head of Radiological Protection at a Nuclear Power Station and in 2011 I qualified as a Radiation Protection Technician which allowed me to monitor radiation and contamination in the power station.

From 2014 I began training and gaining experience to become an accredited Health Physicist whilst collecting evidence towards a RPA portfolio. I qualified as an Accredited Health Physicist in 2016 which allows me to provide radiological advice, based on the Ionising Radiation Regulations 2017. I continued to gather evidence and write linking notes to submit RPA portfolio in November 2018, which was granted and certified in January 2019.

### What has been your biggest challenge in your role?

The biggest challenge in my role is also the most rewarding one and that is ensuring that the advice I give is pitched at the right level for the recipient such that it will be understood and implemented, making their workplace safer.

### What do you enjoy most about your job?

Finding solutions to problems that seemed unsolvable. Helping people to understand best practices regarding radiation protection and implementing them within their work setting.

# Meet the team - Jodie Waumsley

---

## What do you think sets Outset apart?

Without a doubt the people. The people at Outset are so welcoming and friendly.

## When you were young, what did you want to be when you grew up?

And accountant, a lawyer or an interior designer.

**What do you wish someone had told you when you started out? Or what piece of advice were you given early on that has stuck with you?**

Professionally - The best advice that I was ever given is to take all of the training that is ever offered to you, training can only ever be beneficial.

Personally – Don't worry about something that you can't affect.



# Meet the team - Jodie Waumsley



outset.

## What do you enjoy doing when you are not working?

Spending time with my family, playing bowls and walking my dog

## When you were young, what did you want to be when you grew up?

And accountant, a lawyer or an interior designer.

## Who inspires you most and why?

My Mum – She has always been my biggest inspiration, she's kind, caring and hard-working, if I can be half the woman she is, I know I'll be doing okay.



# Meet the team - Jodie Waumsley

---

## What piece of advice would you give someone in business?

A combination of two things;  
A to-do list;  
And when you have so much on your plate that it is totally overwhelming, start with a small task that will be quick and easy to complete and tick it off your list.

Once you get started, you'll be on a roll and it will be much easier to tackle the rest of the list that is overwhelming you.

## And finally... What is one thing you've learnt during lockdown?

I have learnt that even when things seem insurmountable, they almost certainly can be overcome, so don't sweat the small stuff.



**Jodie Waumsley**

Radiation Protection Adviser

[Jodie.waumsley@UKHSEtraining.co.uk](mailto:Jodie.waumsley@UKHSEtraining.co.uk)

Scan the QR code below to save  
Jodie's contact details

